

# List of Resources

## Phone Numbers

Simcoe Outreach Services	(705) 726-7062	1(800) 263-5060
Withdrawal Management (Detox)	(705) 728-4226	
Royal Victoria Hospital	(705) 728-9802	
Canadian Mental Health	(705) 726-5033	
Mental Health Crisis Line	(705) 728-5044	1(800) 893-8333
Toll Free Drug/Alcohol Info Line	1 800 463-6273	

## Web Pages

### General Knowledge

<a href="http://www.ncadd.org">www.ncadd.org</a>	National Council on Alcoholism & Drug Dependence
<a href="http://www.brinksplacetv.com">www.brinksplacetv.com</a>	Brinks Place
<a href="http://www.hazelden.org">www.hazelden.org</a>	Hazelden
<a href="http://www.madd.org">www.madd.org</a>	Mothers Against Drunk Driving
<a href="http://www.alcoholmd.com">www.alcoholmd.com</a>	Medical Information
<a href="http://www.quitandstayquit.com">www.quitandstayquit.com</a>	Medical Web Sight
<a href="http://www.mirror-mirror.org">www.mirror-mirror.org</a>	Eating Disorders
<a href="http://www.edap.org">www.edap.org</a>	Prevention and Awareness Eating Disorders

### Peer Support

<a href="http://www.aa.org">www.aa.org</a>	Alcoholics Anonymous	Phone: 725-8682
<a href="http://www.marijuana-anonymous.org">www.marijuana-anonymous.org</a>	Marijuana Anonymous	
<a href="http://www.ca.org">www.ca.org</a>	Cocaine Anonymous	
<a href="http://www.wsoinc.com">www.wsoinc.com</a>	Narcotics Anonymous	
<a href="http://www.crystalmeth.org">www.crystalmeth.org</a>	Crystal Meth Anonymous	
<a href="http://www.lifeormeth.org">www.lifeormeth.org</a>		
<a href="http://www.tir.com">www.tir.com</a>	Methadone Anonymous	
<a href="http://www.adultchildren.org">www.adultchildren.org</a>	Adult Children of Alcoholics	
<a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a>	Alanon & Alateen	Phone: 730-3307
<a href="http://www.dualrecovery.org">www.dualrecovery.org</a>	Dual Recovery	
<a href="http://www.recovering-couples.org">www.recovering-couples.org</a>		
<a href="http://www.nicotine-anonymous.org">www.nicotine-anonymous.org</a>	Nicotine Anonymous	
<a href="http://www.christians-in-recovery.org">www.christians-in-recovery.org</a>	Christian Based Web Sight	
<a href="http://www.fathermartinsashley.com">www.fathermartinsashley.com</a>	Father Martin	
<a href="http://www.markelliot.com">www.markelliot.com</a>	People Helping People	

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<a href="http://www.forreal.org">www.forreal.org</a>	For Real - Recovery From Drugs and Alcohol
<a href="http://www.health.org">www.health.org</a>	National Association for Children of Alcoholics
<a href="http://www.day-by-day.org">www.day-by-day.org</a>	Teen Addicts Can Recover
<a href="http://www.ashesonthesea.com">www.ashesonthesea.com</a>	GHB The Stone Cold Truth
<a href="http://www.virtual-party.org">www.virtual-party.org</a>	CAMH
<a href="http://www.ravesafe.com">www.ravesafe.com</a>	Rave Info