

EFFECTS OF CANNABIS MISUSE

Positive Effects	<ul style="list-style-type: none"> ●increased relaxation ●verbosity (talking more) ●euphoria ●laughter ●drowsiness ●changes in perception
Intoxication	<ul style="list-style-type: none"> ●confusion/disorientation ●time/space distortions ●perceptual changes ●visual/auditory hallucinations ●impaired judgement ●poor concentration/inattentiveness ●short-term memory impairment ●faintness when standing up ●increased heart rate ●fluctuations in blood pressure and body temperature ●slight decrease in pupil size ●droop in eyelids ("stoned" look) ●redness of whites of eyes ●increased hunger ("munchies") ●dryness of mouth ●compulsion to drink ●nausea/vomiting ●headaches ●slight tremor ●anxiety/panic reaction ●paranoid reaction ●atypical/bizarre behaviour
Chronic Misuse	<ul style="list-style-type: none"> ●lowered immunity to diseases ●sleep disturbances ●lowered energy ●weight loss ●gastrointestinal disturbances ●chronic bronchitis/asthma ●coughing ●colds ●precancerous tissue changes ●temporary reduction in testosterone levels and sperms counts ●increased risk of lowered birth weights in offspring and birth defects eg. facial anomalies ●allergic reactions to cannabis plants ●reactions to impurities/toxins ●mood changes ●apathy/lack of motivation ●poor grooming ●flashbacks ●memory impairment ●impairment of abstract thinking ●introversion ●possible increase in psychotic symptoms in those previously diagnosed as schizophrenic ●relationship problems ●family problems ●legal difficulties ●job/school problems ●financial problems ●lowered self-esteem ●deterioration in living skills (eg. communication, problem-solving, etc.)
Withdrawal Syndrome	<ul style="list-style-type: none"> ●irritability ●anxiety ●sleep disturbance ●loss of appetite ●sweating ●upset stomach ●tremors (occasionally) ●chills